



Mental Health Awareness

Resources

If you or someone you know is in immediate danger from themselves or someone else please call 911

Adolescent Suicide Hotline 800-621-4000

Adolescent Crisis Intervention & Counseling Nineline 1-800-999-9999

AIDS Hotline (Youth only) 1-800-788-1234

CHADD-Children & Adults with Attention Deficit/Hyperactivity Disorder 1-800-233-4050

Child At Risk Hotline 1-800-792-5200

Domestic Violence Hotline 800-799-7233

Domestic Violence Hotline/Child Abuse 1-800-4-A-CHILD (800 422 4453)

Drug & Alcohol Treatment Hotline 800-662-HELP

Eating Disorders Center 1-888-236-1188

Family Violence Prevention Center 1-800-313-1310

Gay & Lesbian National Hotline 1-888-THE-GLNH (1-888-843-4564)

Gay & Lesbian Trevor HelpLine Suicide Prevention 1-800-850-8078

Learning Disabilities - (National Center For) 1-888-575-7373

Narcotics Anonymous 1-866-624-3578

National Alliance on Mental Illness (NAMI) 1-800-950-NAMI (6264)

Panic Disorder Information Hotline 800- 64-PANIC

Parental Stress Line 1-800-632-8188

Post Abortion Trauma 1-800-593-2273

Self-Injury (Information only) 1-800-DONT CUT (1-800-366-8288)

Substance Abuse Helpline 1-800-327-5050

Suicide Prevention Lifeline 1-800-273-TALK

Trans Lifeline 877-565-8860

Teen Helpline 1-800-400-0900

Youth Crisis Hotline 800-HIT-HOME