



ChooseWell ←

Our 2012 Webinar Series - *ChooseWell* - has been designed to provide practical and useful information to employees and managers regarding the everyday decisions to the questions that life presents to us. A quarterly series, the presenters have been selected from experts in their field to provide tips and helpful hints to ChooseWell.

TO LEARN MORE AND TO REGISTER FOR THESE EVENTS, VISIT:

[HTTP://WWW.MINESANDASSOCIATES.COM/NEWSLETTERS/NEWSLETTERS_RECENT.HTM](http://www.minesandassociates.com/newsletters/newsletters_recent.htm)

Session One:

Making a Plan and Sticking to it.

FEBRUARY 9, 2012

10AM - 11AM MST

Session Two:

Healthful Decisions

APRIL 12, 2012

10AM - 11AM MST

Session Three:

Organizational Wellness

AUGUST 14, 2012

10AM - 11AM MST

Session Four:

Worry-free Finances

NOVEMBER 14, 2012

10AM - 11AM MST

