



---

## Guide to Entertainment Ratings

---

### Movies

Ratings appear in ads for films, movie listings and at theaters.

**G** - General Audience - All ages admitted.

**PG** - Parental Guidance Suggested - Some material may not be suitable for children.

**PG-13** - Parents Strongly Cautioned - Some material may be inappropriate for children under 13.

**R** - Restricted - Under 17 requires accompanying parent or adult guardian.

**NC-17** - No one 17 and under admitted.

Rating descriptions sometimes are published in newspaper listings or movie reviews; you also can find them at theaters and on the web. Some descriptions you might see are:

Rated PG for mild language and violence.

Rated PG-13 for mature themes and a scene of violence.

Rated PG-13 for violence, including bloody aftermath of a shooting.

Rated R for language and strong bloody violence.

Rated R for strong graphic horror, violence and gore, and for language.



---

### Video Games

Age-based ratings are on the front of video game packages and in ads.

**EC** - Early childhood - Content suitable for children age 3 and older.

**E** - Everyone - Content suitable for children 6 and older; Game may contain minimal violence, some comic mischief or some crude language.

**T** - Teen - Content suitable for those 13 and older. Game may contain violent content, mild or strong language and suggestive themes.

**M** - Mature - Content suitable for those 17 and older. Game may include more intense violence or language than products rated T and may include mature sexual themes.

**AO** - Adults Only - Content suitable for adults only. Game may include graphic depictions of sex and/or violence. Products rated AO are not intended to be sold or rented to anyone under the age of 18.

The Entertainment Software Rating Board assigns content descriptions to video games. You will find these on the back of video game packages. Some descriptions you might see are

- Mild Animated Violence
- Animated Blood
- Mild Realistic Violence
- Realistic Blood
- Animated Violence
- Animated Blood and Gore
- Realistic Violence
- Realistic Blood and Gore

---

## Games on the Internet

The Entertainment Software Rating Board Interactive (ESRBI) provides age-based ratings for interactive web sites. These ratings appear on a site's homepage if the entire site is rated; on the first page of the rated section if that is the only section that is rated; or where a game is accessed if that is the only part of a site that is rated. The ESRBI ratings are:



**ECI** - Early Childhood Interactive - Content suitable for children age 3 and older.

**EI** - Everyone Interactive - Content suitable for children 6 and older.

**TI** - Teen Interactive - Content suitable for ages 13 and older.

**MI** - Mature Interactive - Content suitable for ages 17 and older.

**AOI** - Adults Only Interactive - Content suitable for adults only.

The ESRBI provides content descriptors for online games and interactive sites that signal violence, nudity, sexual themes, strong language and the use of alcohol, drugs or tobacco. Some descriptions you might see are:

- Mild Violence
- Violence
- Graphic Violence
- Strong Hate Speech
- Weapon Making
- Suicide

---

## Coin Operated Video Games

A color-coded "traffic light" system advises players whether games have strong or mild violence, language or sexual content.

**Green** - Suitable for all ages.

**Yellow** - Animated Violence - Mild Scenes of violence involving cartoon-like characters in combative activity with violent elements that do not result in bloodshed, serious injury or death to characters.

Life Like Violence - Mild Scenes of violence involving human-like characters in combative activity with violent elements that do not result in bloodshed, serious injury or death to characters.

**Red** - Animated Violence - Strong Scenes of strong violence involving cartoon-like characters, which result in bloodshed, serious injury or death to characters.

Life Like Violence - Strong Scenes of strong violence involving human-like characters, which result in bloodshed, serious injury or death to characters.

---

## Music

Some compact discs or cassettes have labels that say "Parental Advisory - Explicit Content."

These labels indicate that the recording may contain strong language or expressions of violence, sex or substance abuse. Individual record companies provide these labels voluntarily. If you have questions, ask about the lyrics.

Media ratings systems are a starting point for children and parents one resource for information to help protect children from violence in movies, games and music.

A word to parents about restricting access: The Internet Content Rating Association has a content advisory system that indicates violence, nudity, sex or offensive language on Internet sites. The system, RSAC on the Internet (RSACi), allows the use of blocking software or browsers to restrict access to sites it has rated. RSACi ratings related to violence include:

Level 0 - None or sports related

Level 1 - Injury to human being

Level 2 - Destruction of realistic objects

Level 3 - Aggressive violence or death to humans

Level 4 - Rape or wanton, gratuitous violence

*Source: Federal Trade Commission*

## About MINES & Associates

For over 25 years MINES & Associates has been a nationally recognized business psychology firm that provides a variety of services to corporate employers including employee assistance programs (EAP), managed mental healthcare, organizational development and psychology services, wellness programs, behavioral risk management, disease management, PPO services, and a number of other technology based services. MINES & Associates is divided into two main divisions, Organizational Psychology and Health Psychology, and currently serves a diverse portfolio of clients in all 50 states, Canada, Mexico, and the UK. Please log on to <http://www.minesandassociates.com> for the latest news and information on MINES & Associates.