



Critical Incidence Stress Management Information

Should an incident occur that impacts your workers, we can help. Critical Incidence Stress management (CISM) sessions are conducted with those people who have been involved, witnessed, or been somehow affected by a trauma such as on-site death, robbery, natural disaster, or threat to their safety. The goals are to help reduce post trauma stress, assist workers to return to the level of functioning they had prior to the incident and prevent problems in the future.

The CISM team is formed based upon the need and is deployed to the site to meet with those involved. We recommend that the intervention occur between 24 and 72 hours after the incident. This is not counseling, rather it is a meeting to allow workers to talk about what they witnessed, gather information, express feelings and be educated on what they can expect as far as reactions to the trauma. Sessions commonly last from 1 to 3 hours depending on the number of people involved and the incident. There is a charge for this service because of the staff members taken off line and the response time.

Please refer to your contract for specific charges.